

Health and Wellbeing Board

Meeting Date: 12th November 2020

HWBB Joint Commissioning Report – Healthy Lives Update

Responsible Officer: Val Cross, Health and Wellbeing Officer/Healthy Lives Co-ordinator

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1. Summary

1.1 This report provides updates for 'Healthy Lives,' the Partnership Prevention Programme of the Health and Wellbeing Board, and includes a brief progress update for Social Prescribing, an update on the LGA/Health Foundation bid and a refreshed Healthy Lives Governance structure.

1.2 Healthy Lives meetings have been irregular following the Public Health re-structure last year, and the subsequent COVID-19 pandemic, which changed the immediate focus of all system partners work. Meetings will re-commence in the New Year and focus on the priorities agreed by members at the Health and Wellbeing Board workshops in December 2019 and January 2020.

2. Recommendations

2.1 That the Board notes and supports the ongoing work and agrees the refreshed Governance structure.

3.0 Background

3.1 Healthy Lives is the name of the prevention programme of the Health and Wellbeing Board. Partners across health, social care and the voluntary and community sector are working together proactively rather than in isolation, to reach Shropshire's residents before their health or condition develops or gets worse.

3.2 Healthy Lives is a proactive and reactive programme, where these partner organisations are combining to innovate, make the best use of their human and monetary resources, and individual knowledge and expertise to help make a difference to Shropshire people. Evidence base is used for in all Healthy Lives work. Figure 1 illustrates some of the main partners.

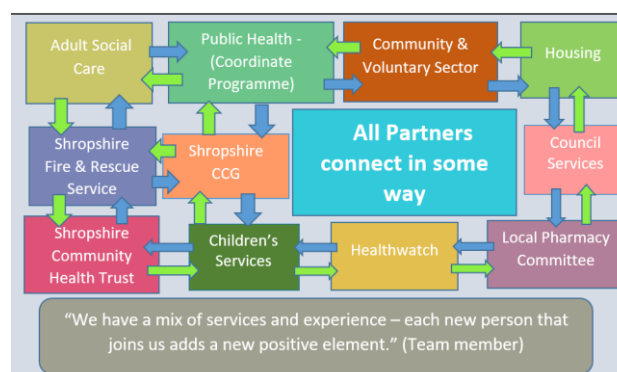


FIG. 1 EXAMPLES OF HEALTHY LIVES PARTNERS FOR ILLUSTRATIVE PURPOSES

REPORT

4.0 Programme updates

4.1 Social Prescribing

- 4.1.1 Social Prescribing is progressing well, albeit in a different way with telephone, rather than face to face consultations during COVID. Several group activities are still closed or operating differently, but the Advisors are managing this positively, and continue to refer their clients to agreed activities or support.
- 4.1.2 There have been 1022 referrals to Social Prescribing to date, with all geographical areas showing an increase in referral numbers. The top reasons for opportunistic referral remain consistent and are:
 - mental health difficulties
 - risk of loneliness / social isolation
 - long term conditions and lifestyle risk factors.

Some GP Practices are focusing on patients' Long-term conditions such as Cardio-Vascular Disease (CVD) or pre-diabetes, as well as opportunistic referral.

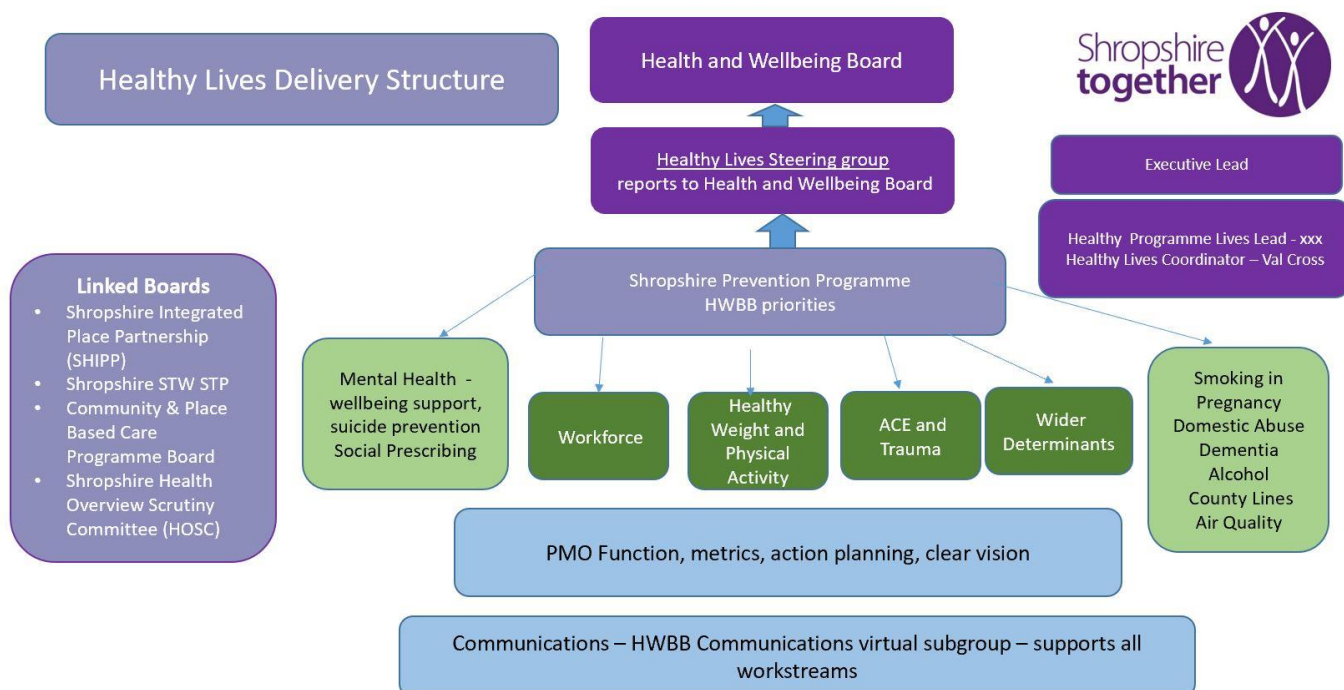
- 4.1.3 An increasing number in the 20-29, 30-39 and 40-49-year age groups are now being referred in to the service particularly in the North of the county and Shrewsbury. This is very positive and demonstrates the value of Social Prescribing to all age groups.
- 4.1.4 COVID-19 has created new referrals through Shropshire Council calls to the shielded, Council Covid-19 helpline and Community Reassurance Team.
- 4.1.5 Young People's Social Prescribing work is progressing, and a working group meets regularly.
- 4.1.3 Collaborative work continues with Primary Care Networks, and referrals are being received through 22 GP Practices.

4.2 LGA/Health Foundation bid

- 4.2.1 The second stage funding bid for 'Shaping Places for Healthier Lives' was submitted to the Local Government Association/Health Foundation on the 1st October. The bid title remains as 'Food insecurity in rural communities', with the focus being south west Shropshire.
- 4.1.2 The outcome of the bid should be known w/c 2nd November 2020.

4.3 Updated reporting structure

- 4.3.1 The purpose of Healthy Lives is highlighted in 3.2 and will continue. The value of partners working together for a common goal of progressing the HWBB priorities is crucial. The refreshed Governance structure below reflects the agreed priorities and revised Linked Board titles. The Programme Lead is to be agreed.
- 4.3.2 The HWBB priorities do not operate in isolation and are linked to other system wide priorities and work such as; the STP, Care Closer to Home and the CCG.



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5.0 Risk Assessment and Opportunities Appraisal

(NB This will include the following: Risk Management, Human Rights, Equalities, Community, Environmental consequences and other Consultation)

There are no Human Rights, Environmental Consequences, Community or Equality issues identified with the provision of these updates. The Public Health Team has grown since the COVID-19 pandemic, which has now reduced some of the risks identified in the May 2019 paper.

However, we know that COVID-19 can rapidly change the whole system focus and prioritisation, and this is a risk that needs consideration.

6.0 Financial Implications

There are no financial implications that need to be considered with this update

7.0 Additional Information

None

8.0 Conclusions

Excellent work is continuing through Social Prescribing, and re-establishment of the Healthy Lives meetings and subsequent partnership work will provide a re-focus on the HWBB priorities.

List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)

Cabinet Member (Portfolio Holder)

Cllr. Dean Carroll

Portfolio Holder for Adult Services, Climate Change, Health and Housing

Local Member

Appendices

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